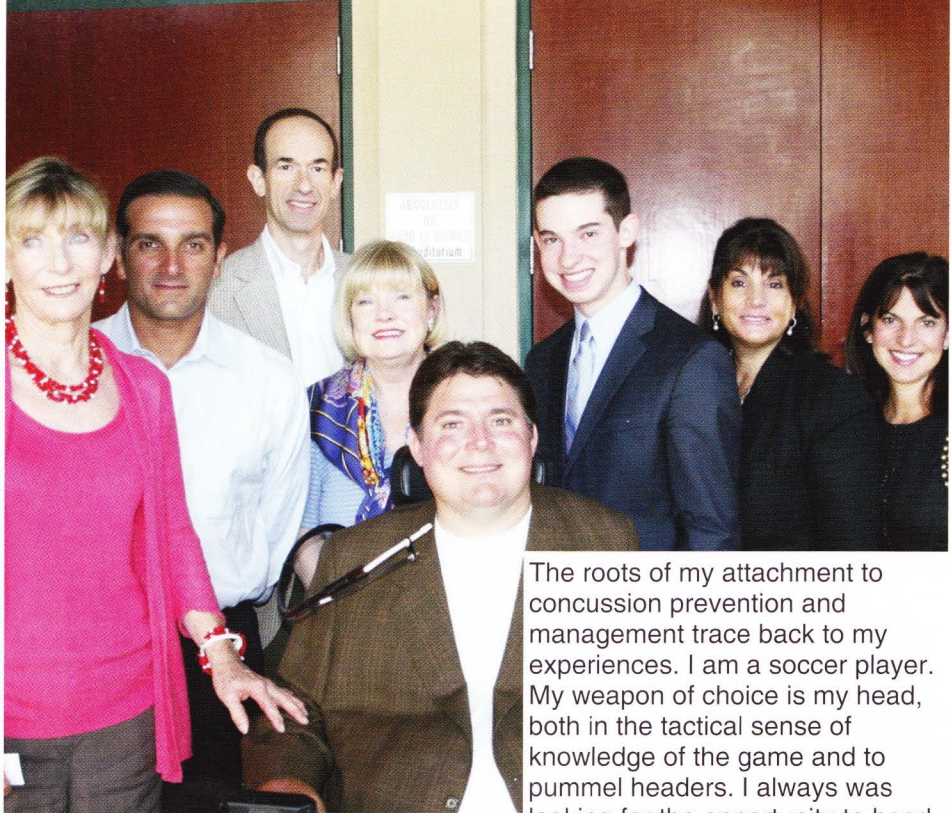


make an imPACT

UPON IMPACT David Goldstein poses with Marc Buoniconti, Terry Buoniconti, Mrs. Mocerri, Mr. Grubair, Dr. Gillian A. Hotz and his parents after sharing his story regarding his multiple concussions. Marc Buoniconti talks to the RE community about The Miami Project to Cure Paralysis and the effects it has had on his life. David Goldstein smiles for the camera with his mentor, Marc Buoniconti, and Mrs. Mocerri. David Goldstein, while being marked, prepares to head the ball away from the goal.

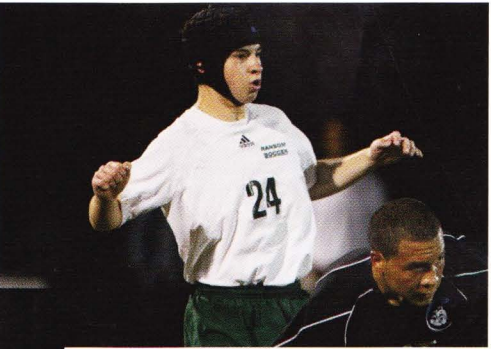


The roots of my attachment to concussion prevention and management trace back to my experiences. I am a soccer player. My weapon of choice is my head, both in the tactical sense of knowledge of the game and to pummel headers. I always was looking for the opportunity to head the ball. This meant I increased my chances of being involved in a collision. My first concussion playing soccer happened when I was twelve. My second concussion happened two years ago. After this, I chose to use headgear that only covered my forehead. That decision came back to bite me when I suffered a major head injury during a Gulliver game. Now well-informed, I know that no one should ever keep playing after head trauma. We consulted various doctors; they told me that they were going to put me through the ImPACT Test. After taking it, I realized how easy it was and how it could help me, and I also wanted others to feel safer playing sports. I had a Brain Blast. What if I asked Dr. Hotz to bring ImPACT testing to school? The more student athletes we could help, the better off our community would be. Coach Grubair approved and pointed out that we should spread ImPACT testing at other schools. This idea eventually snowballed into a goal: raise enough money to provide ImPACT testing for every public school in Miami-Dade and raise money for concussion research.

- David Goldstein



BRAVE HEARTS Marc Buoniconti and David Goldstein's stories of hardship and bravery were moving.



A DIFFICULT STORY TO TELL David Goldstein shares the story of his multiple concussions and their effects.

what's one thing about you that nobody knows?

I was the first successful ImPACT test result. Does it count as a *success* if I did have a concussion? - Dana Brown



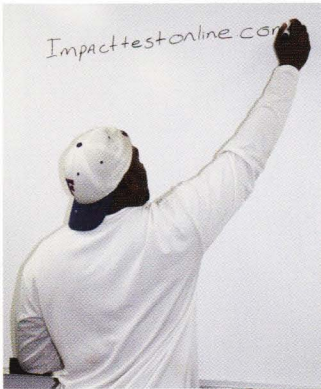
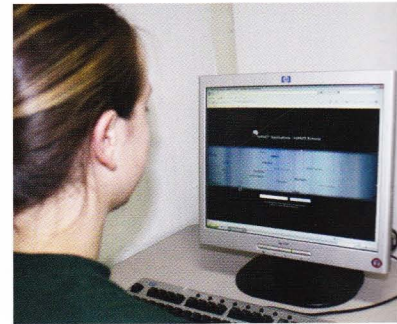
the meeting of the minds

The number of injuries occurring in the game of women's soccer has increased at an astounding rate over the past few years. When the athletic department began implementing the ImPACT test for each sport on campus, the girls soccer team was no exception. In fact, it was one of the first teams to take the test. Captain Emma Lipshultz commented on the experience and said, "It was a very interesting process and one that will surely be beneficial if I were to ever undergo head trauma. I am grateful that the

athletic department at school is concerned for the rising issue of concussions." David Goldstein's project will support other girls' soccer teams and other sports in the county as well. Although we do joke around on the field a lot when someone gets hit lightly on the head and all say: "At least she's been ImPACT tested." The experience of being ImPACT tested will benefit athletes in the future in terms of injury prevention and treatment.

CRASH COURSE Taliya Golzar and Ivy Sokol take their ImPACT tests, intent to get everything correct. Amelia Grant-Alfieri logs into the system in order to begin taking the test. Writing on the board, Mo Blake gives the team information to take the test. Ceci Mendoza and Carina Tamer get

ready to go out on the field after taking the test.



CONCENTRATION IS KEY Chandler Precht, Isabelle Hernandez, Alexa Rodriguez, and Charley Zyne concentrate deeply while taking the ImPACT test. "I'm really glad I have this security blanket now," says Isabelle Hernandez regarding her feelings toward the measure the school has taken to